Good Afternoon Colorado Amaranth Members!!
Our 6th Annual WALK to FIGHT DIABETES is fast approaching!

First - the DETAILS!

WHEN: SATURDAY August 20, 2022

Registration – 8 AM Walk begins at 9 AM

WHERE: E.B. Raines Jr. Memorial Park 11801 Community Center Drive Northglenn CO

**REGISTRATION COST:** \$15.00

There will be prizes and give-aways!!

### THIS WILL BE AN EVENT YOU DON'T WANT TO MISS!!

Now - to answer your QUESTIONS!!!

1. Do I have to register on line?

You MAY register on line by going to our webpage:

http://grandcourtofcolorado-amaranth.org/6th-annual-5-k-walk

You may join an existing team (your court's) - Each court is encouraged to raise more donations than the Elected Grand Line Officers!

OR

you may PRE-REGISTER by contacting us at

coamaranthwalks@gmail.com

Let us know who and how many - and registration on Saturday the 20th will be a breeze!

# 2. I have friends and family that wish to donate - but cannot attend the walk....

Encourage them to support YOU by pledging their contribution to YOU! Attached to this email is a pledge sheet. Make as many copies as you wish - Encourage your friends and Family - Co Workers to support you with a donation! A donation letter is attached for your use.

All checks to be made out to:

GRAND COURT OF COLORADO C/O HL Mary Keithline

in the memo line - please mark ADF

EACH DONATION IS TAX DEDUCTIBLE - All funds raised will be given to the Amaranth Diabetes Foundation to fund the research projects of the American Diabetes Association - 'searching for the cures".

## 3. Is there a matching funds Program?

This would be up to your employer - If your employer wishes to be involved - they might match the funds raised by your co-workers who will support you!

## 4. I am unable to walk the 'Walk" but would like to help.

- \*You can always walk "Virtually" or in your neighborhood.
- \*Dedicate those "fit-bit" steps for 2 weeks or a month at \$1 per mile and donate to the ADF.
  - \*volunteer to help with registration, handing out water etc. We will appreciate your assistance!

### A few additional notes:

Share this information with your friends neighbors - Doctors, nurses, specialists. If you would like US to contact YOUR doctor - please send the contact information to this email address. coamaranthwalks@gmail.com

Remember ALL FUNDS COLLECTED will benefit Diabetes Research

We appreciate your support:

\*Sponsorships are available -

if you know of any corporation or individual interested in participating at this level - please let us know!

## \*In Kind Donations

those companies that might provide food, water, items for give aways etc please contact us!

Also attached is a short explanation of:

The Order of the Amaranth

Amaranth Diabetes Foundation and the partnership we have with the American Diabetes Association.

A flyer is attached - feel free to use it often!! Thank you again for all your interest and SUPPORT!